

The Eagle Gazette *March 2024*

South Kelowna Elementary
Phone: 250-870-5107 www.ske.sd23.bc.ca



Principal's Message

To the SKE Community,



There have been many highlights in our school through the month of February. These include an amazing PAC-hosted Family Bingo Night, the grade 5 & 6 basketball season, visits from the Kelowna Rockets, field studies to Mission Creek, our school wide Kindness assembly on Valentine's Day, Pink Shirt Day, and so much more. Please take a moment to read through our March newsletter and enjoy a window in the SKE world. There is also community information, and news about upcoming events.

Warm regards,
Jasmine Lemon
SKE Principal

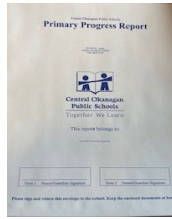


Sharing Kindness Everyday

For Your Calendar

March 13	Written Learning Updates Go Home
March 15	Pancake Breakfast
March 1-15	Spirit Wear Order/Contest
March 18-29	Spring Break
March 29	Good Friday
April 1	Easter Monday
April 2	School Reopens

Written Learning Update Envelopes



Please return your child's **Written Learning Update ENVELOPE** to your teacher, as they are re-used throughout the year. *Thank-You!*

Clothing Reminder: As the fields begin to melt, clothing will get quite wet. Please send extra socks, pants and shoes.



Daylight Saving Time Starts
Set your clocks ahead an hour.

Extended Student Absences

If you are planning a trip around **spring break**, please enter absences in to **SCHOOL MESSENGER** so that you will not receive notifications (emails and/or phone calls) while you are away.

MOVING OR CHANGE OF SCHOOL?

If you are planning to have your child attend another school next school year, including eSchool, please email us at ske@sd23.bc.ca with the following information:

- **Family Surname**
- **Where you are planning to move to**
- **Have you registered with the next school - Yes or No**
- **Child's first and last names**
- **Grade in school for Sept 2023**

Staffing is dependent on student enrolment and we need to ensure that we have as accurate a count of students as possible. Thank you!



CARING FOR OUR SCHOOL



Our campaign to keep our school grounds litter-free continues through the winter. We appreciate students' efforts to put litter and recycling in the bins provided. Way to go, Eagles!



A special **THANK YOU** to all our Noon Hour Supervisors. You all do such an amazing job keeping our students on task during lunch playtime. The important relationships that you have built have really made a difference and are greatly appreciated!



THANK YOU to all of the parents who volunteer their time to make hot lunch happen at our school! Tuesdays and Thursdays are always the students' favourite day because of Hot Lunch! Without the consistent help from our Hot Lunch Parent volunteers, we would not be able to offer this wonderful program.

PAC MEETING

All SKE Parents are invited to the next PAC Meeting scheduled for

Wed, April 10
@ 7:00 pm



Fork & Spoon Math

270 students X 5 lunches/week
= 1350 potential utensils! If these are disposable, that's a lot of garbage! Please send your children with reusable forks and spoons! Thank you.

WIN

SOUTH KELOWNA
EAGLES
2024

*Spirit Wear
Contest*

THE CLASS THAT ORDERS
THE MOST ITEMS OF SCHOOL
CLOTHING WINS A PRIZE!!!

ORDER & PAY

ORDER ONLINE

March
1 - 15

[HTTPS://SOUTHKELOWNAELEMENTARY.ITEMORDER.COM](https://southkelownaelementary.itemorder.com)

Social-Emotional Learning @ SKE!



Primary SEL

Students have been receiving a weekly lesson in Social Emotional Learning at S.K.E. The objective of SEL is first to help students acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions. Primary students are learning about peacefulness, anger, anxiety, sadness, confidence, happiness, and love. Students are able to associate emotions with facial expressions, body language and words. They are able to express and describe their feelings as well the feelings of others. Students understand they have the power to grow happiness, love and confidence in themselves and others, through kindness.

The Peaceful Spot

Students have access to a Peaceful Spot or Calm Corner in their classroom. Each spot has an Emotion Check-In for students to identify how they are feeling, and a Coping Toolbox which contains a variety of choices for students to use. Some of these items are breathing exercises, a stuffy to snuggle, calming colouring, fidgets, and also books like "Eye Spy" or "Where's Waldo" as research suggests these types of books can provide a mind reset. Students know they can go to this spot when needed for a quick reset.



Intermediate SEL

Our Intermediate student learning consists of perspective-taking, empathy, how to establish and maintain healthy and positive relationships/friendships. Kindness, respect, trust, active listening, solving problems peacefully and respectfully appreciating differences will continue as our learning focus for the rest of the year.

Sample SEL Resources

CASEL - The Collaborative for Academic, Social and Emotional Learning

The Collaborative for Academic, Social, and Emotional Learning is helping make evidence-based social and emotional learning an integral part of education from preschool through high school.



Edutopia SEL Resource



A Parent's Resource Guide to Social and Emotional Learning: A curated list of articles and videos for parents about fostering skills like kindness, empathy, resilience, perseverance, and focus in children.



Diane Alber - Little Spot Series

A LITTLE SPOT by Diane Alber



The "Little Spot" series promotes emotional intelligence, encourages positive choices and improves social and emotional skills. It teaches concepts in language kids understand and by using real-life examples relevant to their lives.

Social & Emotional Learning Builds Life Skills



Self-awareness to develop a healthy sense of who you are, and better understand your thoughts and feelings



Self-management to manage your thoughts, feelings, and actions toward goals



Social awareness to better understand different views and have empathy for others



Relationship skills to communicate and connect, problem solve together, and stand up for others



Responsible decision-making to make constructive choices, analyze our actions, and find solutions

From "What is the CASEL Framework?" on case1.org

A photograph of two young girls smiling and holding chocolate ice cream bars. The girl on the left is wearing a denim jacket, and the girl on the right is wearing a dark jacket with a yellow and white striped shirt underneath. They are standing in a large, brightly lit room with other people in the background.



So many grade 5 and 6 students contributed to making this assembly awesome!

Learning in Nature!



"When we were at the turtle pond, I liked how we listened quietly like syilx hunters do." (Alex)



Our grade 3s travelled to Mission Creek Park, and learned from local syilx knowledge keeper, Anona Kampe. *"I was flabbergasted when I learned that arrowroot could grow 6 feet under the ground." (Maia)*



Learning Indoors and Out!



Great Way Martial Arts visited us this week, and students in Mrs. Romano's, Mrs. Oakes' and Mrs. Shanks' classes developed skills connected to focus, coordination, having a positive attitude AND about Kung Fu!



Mrs. Morgan and Mrs. Wilson's classes travelled to Telemark for a day of snowshoeing in early February. What an adventure they had!



Congratulations to one of our former SKE Eagles, Elise Drake, who accepted an offer from the University of Hawaii Track and Field Team! Way to go, Elise!!



Elise Drake signs with University of Hawaii

Congratulations to KSS Student Elise Drake who has officially accepted an offer from the University of Hawaii women's Track & Field Team! Elise will be majoring in Kinesiology.



Take a look at our 2024 graduating class!



ANTI-BULLYING/PINK SHIRT DAY

On February 28th, we celebrated Anti-Bullying Day/Pink Shirt Day. This was an opportunity to show support against bullying behavior and making a difference to help create a bully-free world while celebrating diversity, acceptance and kindness towards others. Each class, supported by our grade 6 leaders, experienced a lesson on empathy. They read the book "Stand in My Shoes: Kids Learning About Empathy", role-played ways to be supportive and caring friends, and completed a small art project representing their understanding.



ANTI-BULLYING/PINK SHIRT DAY @ SKE



Kelowna Rockets Visit SKE!



We had two visits from players on the Kelowna Rockets this month. SKE students got to play floor hockey, read with, and interview the players. Plus, they got some autographs!



Incoming Kindergarten Student?



Meet the SKE Team!

Join us for a fun and informative session for families of our youngest learners!

RSVPs are required.
Click the link to let us
you know you are
going to attend!

[SKE ELFF NIGHT](#)
[RSVP](#)

FREE ENTRY

EAGLES
South Kelowna Elementary

THURSDAY, APRIL 25
5 - 6:30 PM

READY, SET, LEARN!
EARLY LEARNING
FAMILY FUN
NIGHT

4176 SPIERS ROAD

CALLING ALL FAMILIES WITH
3 TO 5 YEAR OLDS!
COME TO SKE'S READY, SET, LEARN EVENT.
MEET OUR STAFF, SEE THE SCHOOL!

TOUR • PIZZA • PLAYTIME • GOODY BAG

RSVP [HERE](#) OR 



Monday March 11, 2024	Tuesday March 12, 2024	Wednesday March 13, 2024	Thursday March 14, 2024	Friday March 15, 2024
 odd sock day Wear cozy, crazy, zany odd socks today that make you feel marvelous... Take a few moments to think about what you are grateful for and tell someone!	 TEAM SPIRIT DAY Wear your favourite jersey, T-shirt or swag from your favourite team. SPORTSMANSHIP <i>Everybody WINS!</i> Think about some of the many things you have done that you are proud of, share with someone and keep being the best version of phenomenal you!	 STUFFED ANIMAL DAY Bring your favourite small to medium sized stuffy to school today! Give genuine compliments to others today and whenever you can and remember you always can!	SPIRIT WEAR DAY SKE Spirit Wear Day so wear your SKE school clothing or dress in school colours. EAGLES South Kelowna Elementary Spirit WEAR Say please and thank you to as many people as you can and remember to do that always.	 COLOURDAY We wonder what your favourite colour is? Show your spirit from head to toe and dress in your favourite colour or colours and share your beautiful brightness! What's your favourite colour? Do acts of kindness at school and at home as often as you possibly can 😊



It's time for another spirit week. In the lead up to spring break, we encourage all students to participate in the fun!

The week will end with a pancake breakfast event. More details to come soon!



100th Day Celebrations





SKE PAC SPRING 2024 FUNDRAISING PROGRAMS SNEAK PEEK!

**Live Links - Click
Below:**

Fresh To You

SKE Spirit Wear

Fresh To You Fundraiser

We are excited to offer a new fundraiser as part of BC Agriculture in the Classroom. You'll have the opportunity to purchase a bundle of BC Fruit & Vegetables, with 40% of the proceeds going to SKE!

Bundle will include:

- 5lb Red Beets
- 5lb Yellow Potatoes (small)
- 3lb Ambrosia Apples
- 2lb Cello Carrots

(Note: Final item list may vary slightly)

Price per bundle: \$25

Orders can be placed via Munch a Lunch:

<https://www.munchalunch.com/login>

Ordering opens: Mon, Mar 4 **Order deadline:** Fri, Mar 15

Pick up date: April - exact date TBD

With any questions please contact: kamal.gill@sd23.bc.ca

SKE Spirit Wear

We're thrilled to introduce brand new Spirit Wear for Spring 2024 - and a spirited contest along with it!

- New items, new styles
- The class that orders the most individual items wins amazing prizes
- Prizes: For the teacher an SKE hoodie, and for the kids a McDonald's GC for a cone or fries!
- Web store includes an opportunity to make a donation which will allow families with financial barriers to enjoy last year's Spirit Wear items

Prices: All items are between \$20 - \$40

Order online at: <https://southkelownaelementary.itemorder.com>

Ordering opens: Fri, Mar 1 **Order deadline:** Fri, Mar 15

Pick up date: TBD

With any questions please contact: jennifer.a.dersch@gmail.com

Spring Greenery Fundraiser

Details coming soon!

Basil Cooper Photography Fundraiser

Details coming soon!

Watch for the upcoming emails and flyers with more details on these fun and important fundraisers. All funds raised go directly to your PAC, for coordination of activities and assistance programs for the families of South Kelowna Elementary!

Community News, Events & Opportunities



The aim of the group is to support Dads who are parenting their children, grandchildren or other relatives by providing supportive connections, education and resources and participating in healthy activities

CENTRAL OKANAGAN DADS

Central Okanagan Dads (COD) is a support group for Dads in the Central Okanagan hosted by The Bridge Youth & Family Services

AM BREAKFAST MEETINGS
7AM • CADDIE HOUSE

February 23	September 20
March 15	October 25
April 19	November 22
May 24	December 20
June 21	

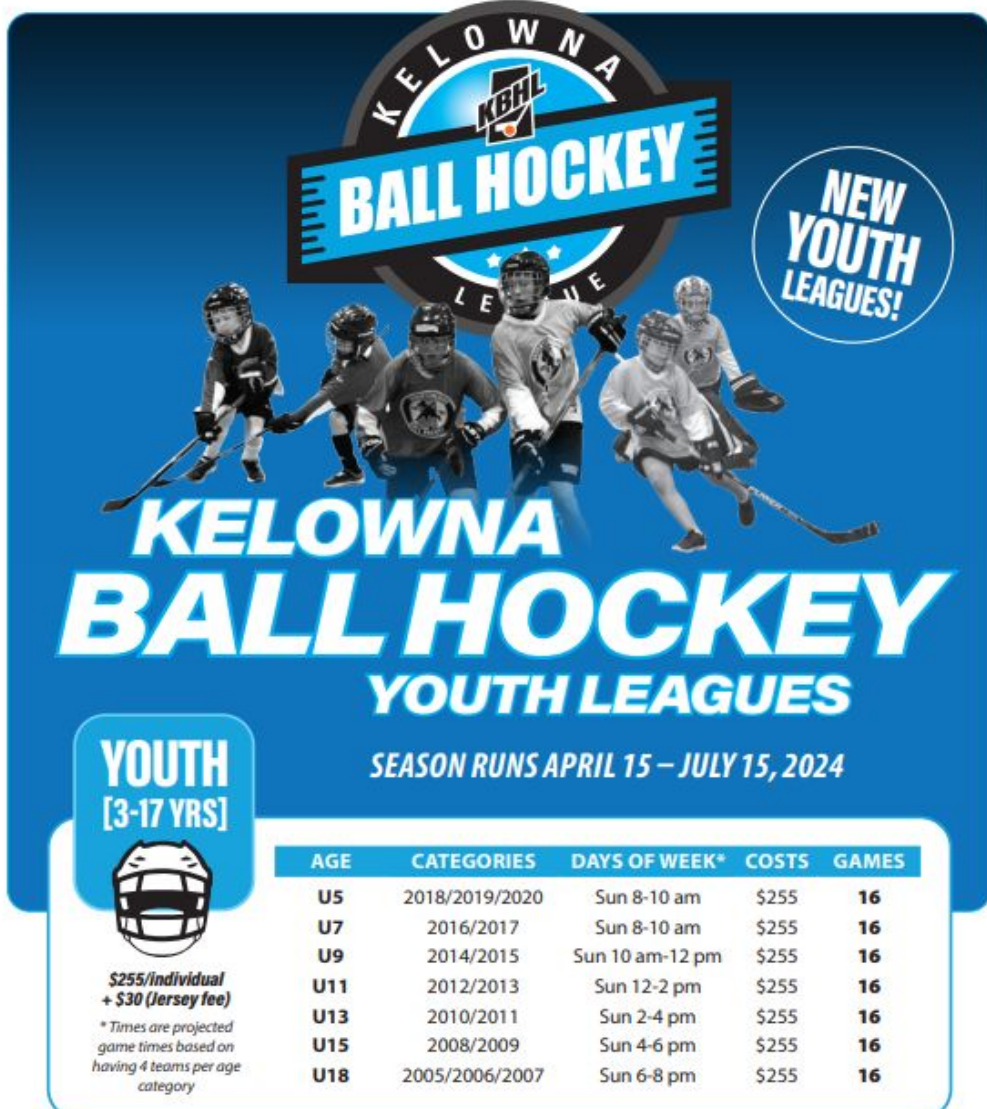
PM EVENING ACTIVITIES
6PM • VARIOUS LOCATIONS

March 7	September 12
April 11	October 17
May 9	November 14
June 8 & 9	December 20

For further information or to register, please contact:
RICH CHAPMAN
FAMILY SUPPORT FACILITATOR
250-215-5976
richard.chapman@thebridgeservices.ca

* schedule subject to change

THE BRIDGE
Youth & Family Services



KELOWNA BALL HOCKEY

YOUTH LEAGUES

SEASON RUNS APRIL 15 – JULY 15, 2024

YOUTH [3-17 YRS]

AGE	CATEGORIES	DAYS OF WEEK*	COSTS	GAMES
U5	2018/2019/2020	Sun 8-10 am	\$255	16
U7	2016/2017	Sun 8-10 am	\$255	16
U9	2014/2015	Sun 10 am-12 pm	\$255	16
U11	2012/2013	Sun 12-2 pm	\$255	16
U13	2010/2011	Sun 2-4 pm	\$255	16
U15	2008/2009	Sun 4-6 pm	\$255	16
U18	2005/2006/2007	Sun 6-8 pm	\$255	16

\$255/individual + \$30 (Jersey fee)

* Times are projected game times based on having 4 teams per age category



— Registration Deadline is March 21st, 2024 —

For more information or to register please visit:
kelownaballhockey.com



Kelowna Ball Hockey is a registered member of the BC Ball Hockey Association, players have access to Provincial, Regional, National and World Championships.







KMFA NFL SPRING FLAG

Kelowna Minor Football Association

KMFA has proudly been Okanagan's nonprofit youth football organization since 1991.

Football for ages 5-18
Little tykes to High School
we are here for our community.

Registration is OPEN now
until March 13th for our NFL spring
flag season.

Visit KMFA.ca to register your
athlete(s) and for additional details.

[Join Us](#)

KMFA.CA

Instagram [kmfa_football](#)

Facebook Kelowna Minor Football Association(KMFA)





LEARN. CREATE. EXPLORE.

Spring Break and
regular Spring
programs and
activities for your
children!

REGISTRATION NOW OPEN

KELOWNA@BGCO.CA
LAKECOUNTRY@BGCO.CA
RUTLAND@BGCO.CA





AN OFFICIAL THANK YOU TO ALL OUR WILDFIRE RESPONDERS





20  23

OKANAGAN WILDFIRE RESPONDERS

GRATITUDE EVENT

[SCAN
TO LEARN
MORE](#)



SATURDAY, APRIL 27

MEMORIAL PARK | WEST KELOWNA

10AM-4:30PM

Gratitude Ceremony | Free Entertainment | Family BBQ
Kids' Activities | Booths | & more

Thank you to our supporters!




Visit our website for donation, volunteer and sponsorship opportunities

WWW.OKANAGANWILDFIRE2023.CA

Thank you for reading!

We hope you enjoyed this month's edition of the SKE Gazette. We are so proud of our school community, and glad that you are part of it!

