



Registration opens
August 18

REGISTER ONLINE
at kelowna.ca/recreation

REGISTER BY PHONE
250-469-8800



In partnership with:



Central Okanagan
Public Schools
Together We Learn



PLUS, PROGRAMS FOR
ADULTS TOO!

Fit'n in Fitness

Sept 21 - Nov 30

18740 Mondays

5:15 PM-6:00 PM

Got 45 minutes? We promise you a full-body and fun bootcamp to shred the fat, build lean muscles and give you energy you didn't know you had along with lots of motivation!

Community Programs at South Kelowna Elementary



Afterschool programs
at South Kelowna
Elementary School

4176 Spiers Rd



Look for more programs at South Kelowna Elementary School in upcoming activity guides!

Kelowna's winter 2020 Activity & Program Guide will be available on December 1 at kelowna.ca/recreation.



kelowna.ca/recreation

General Programs

Afterschool activities and games that will help kids explore their creative side and have some post-school fun!

Create, Make and Bake

During each class we will delve into different arts and crafts using a variety of mediums and we'll bake healthy foods on alternate days.

Age: 7Y-12Y

19100	Tu	Sep 15-Oct 27	2:30 PM-4:30 PM	\$99.75
19101	Tu	Nov 3-Dec 15	2:30 PM-4:30 PM	\$99.75

Funtastic Friday

We will celebrate the end of another great week with an afternoon filled with themed activities such as; dance, picnics, outdoor and indoor games, movie days and cooking.

Age: 5Y-7Y

19113	F	Sep 18-Oct 30	2:30 PM-4:30 PM	\$99.75
19108	F	Nov 6-Dec 18	2:30 PM-4:30 PM	\$99.75

Games Galore and so much more

Each day will be filled with an array of fun filled board games, card games, team games, outdoor games, trivia and so much more!

Age: 6Y-12Y

19105	Th	Sep 17-Oct 29	2:30 PM-4:30 PM	\$99.75
19106	Th	Nov 5-Dec 17	2:30 PM-4:30 PM	\$99.75

Oodles and Doodles of Art

Create beautiful works of art to be proudly displayed in more places than just the kitchen fridge.

Age: 5Y-6Y

19245	M	Sep 14-Nov 2	2:30 PM-4:30 PM	\$99.75
19246	M	Nov 9-Dec 14	2:30 PM-4:30 PM	\$85.50
19249	W	Sep 16-Oct 28	2:30 PM-4:30 PM	\$99.75
19250	W	Nov 4-Dec 16	2:30 PM-4:30 PM	\$85.50

Power Hour Playtime Fun

This program is an hour full of fun! There will be a little something for everyone with games, sports, activities and more!

Age: 5Y-12Y

19131	M	Sep 14-Nov 2	4:30 PM-5:30 PM	\$57.75
19135	M	Nov 9-Dec 14	4:30 PM-5:30 PM	\$49.50
19132	Tu	Sep 15-Oct 27	4:30 PM-5:30 PM	\$57.75
19136	Tu	Nov 3-Dec 15	4:30 PM-5:30 PM	\$57.75
19133	W	Sep 16-Oct 28	4:30 PM-5:30 PM	\$57.75
19137	W	Nov 4-Dec 16	4:30 PM-5:30 PM	\$49.50
19134	Th	Sep 17-Oct 29	4:30 PM-5:30 PM	\$57.75
19138	Th	Nov 5-Dec 17	4:30 PM-5:30 PM	\$57.75
19139	F	Sep 18-Oct 30	4:30 PM-5:30 PM	\$57.75
19140	F	Nov 6-Dec 18	4:30 PM-5:30 PM	\$57.75



Sports Programs

Get back in the game with afterschool sports at SKE. Learn about safe return to recreation plans at kelowna.ca/recreation.

T-Ball

An excellent skill development program for your child. Children will work on hand-eye coordination and the skills of throwing, catching and batting. Please bring a glove, all other equipment is supplied. Parents are required to stay at the field for the duration of the program and may be asked to assist if necessary. They are also welcome to participate!

Age: 4Y-6Y

15782	Tu,Th	Sep 8-24	4:30 PM-5:15 PM	\$37.50
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All Star Sports & Games

We will play a variety of sports each day with an emphasis on skills and drills including; badminton, basketball, floor hockey, mini sticks and co-operative team games.

Age: 5Y-7Y

19098	Tu	Sep 15-Oct 27	2:30 PM-4:30 PM	\$99.75
19107	Tu	Nov 3-Dec 15	2:30 PM-4:30 PM	\$99.75
19110	Th	Sep 17-Oct 29	2:30 PM-4:30 PM	\$99.75
19099	Th	Nov 5-Dec 17	2:30 PM-4:30 PM	\$99.75

Smorgasports

A little bit of everything! Each day we will play a variety of sports including; basketball, badminton, soccer, floor hockey, outdoor and indoor team games and more! Please ensure you have proper footwear.

Age: 7Y-12Y

19112	M	Sep 14-Nov 2	2:30 PM- 4:30 PM	\$85.50
19109	M	Nov 9-Dec 14	2:30 PM- 4:30 PM	\$85.50
19102	W	Sep 16-Oct 28	2:30 PM-4:30 PM	\$99.75
19103	W	Nov 4-Dec 16	2:30 PM-4:30 PM	\$85.50
19104	F	Sep 18-Oct 30	2:30 PM-4:30 PM	\$99.75
19111	F	Nov 6-Dec 18	2:30 PM-4:30 PM	\$99.75

Returning to recreation safely:

We are excited to be back with recreation offerings this fall. Following recommendations of the Provincial Health Officer and guidance from Provincial parks and recreation partners, our Active Living & Culture team has continued to adapt our regular programming this season with pandemic safety in mind so we can still enjoy recreational and cultural programs while keeping attendees, staff, instructors and volunteers safe.

To learn more about safety protocols in place, visit kelowna.ca/recreation.